



AmeriHealth Caritas New Hampshire invites you to join a **Behavioral Health Equity ECHO Clinic**

An emerging case-based learning model for practitioners

AmeriHealth Caritas New Hampshire is excited to launch Behavioral Health Equity ECHO clinics — an emerging case-based learning model for practitioners. Available for participants who complete all components of this series are **continuing medical education (CME) credits for physicians and continuing education units (CEUs) for nurses through the University of New Mexico (UNM)**. This opportunity is provided at no cost for participating AmeriHealth Caritas New Hampshire practitioners. Please read on for more information and register to join an ECHO model clinic.

What is Project ECHO?

The “Extension for Community Healthcare Outcomes,” or ECHO model, was developed at the University of New Mexico Health Sciences Center and is now used nationwide in the United States and internationally.

The ECHO model facilitates case-based learning for front-line practitioners via teleconferencing clinics. Similar to virtual chart rounds, the ECHO model creates a space where practitioners can share knowledge and build support to better manage patients with complex care needs.

For more information on Project ECHO, please visit <https://echo.unm.edu>.

What’s the goal of this program?

The AmeriHealth Caritas New Hampshire Behavioral Health Equity ECHO program exists to:

1. Increase awareness of behavioral health challenges and health inequities that disproportionately affect certain patient populations.
2. Improve diagnosis and treatment of behavioral health challenges.
3. Decrease stigma and bias when treating behavioral health challenges.

How does an ECHO clinic work?

Practitioners from multiple locations connect at regularly scheduled times through teleconferencing. These virtual ECHO clinics allow practitioners to present de-identified patient cases to a team of peers and experts for mentoring and shared learning. Case-based discussions may also be supplemented with short didactic presentations to improve content knowledge and share evidence-based practices.



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Who participates in an ECHO clinic?

All levels of AmeriHealth Caritas New Hampshire practitioners are welcome to participate in Project ECHO at no cost; this includes physicians, physician assistants, nurse practitioners, registered nurses, psychiatrists, psychologists, social workers, community health workers, counselors, pharmacists, and emergency medical technicians.

Our health plan staff have been trained to facilitate the ECHO model and will guide the experience. AmeriHealth Caritas New Hampshire's Chief Medical Officer, Behavioral Health Medical Director, and Market Pharmacist will also participate, as pertinent to the cases being reviewed.

ECHO clinics are not intended to replace a practitioner's clinical judgment; the practitioner is responsible for determining applicable treatment for the patients under his or her care.

Do I need special equipment to attend?

It is best if you have a webcam-equipped laptop, tablet, or smartphone to attend the ECHO clinics. Clinics will take place via the cloud-based software application called Zoom. The application is PC- and Mac-compatible and is available at no cost to participants. However, you may need to download Zoom to your laptop, tablet, or smartphone in order to participate.

When and how often will ECHO clinics take place?

Clinics will be ongoing and additional clinics will be established to address specific topics as the need dictates. All ECHO clinics will occur on Thursdays at 12:00 p.m. ET.

Focus	Date	Registration
Cultural Competencies Across Diverse Populations: Bridging Understanding and Care	September 12, 2024	For all clinics: Request a registration link by emailing: projectecho@amerihealthcaritas.com A link will be sent via the iECHO platform.
Equity and Healthcare: Bridging Gaps, Ensuring Access	September 26, 2024	
Breaking Barriers: Language Challenges in Behavioral Health Care	October 10, 2024	
Promoting Behavioral Health Equity in Education	October 24, 2024	
Advancing Equity in Substance Use Assessment and Treatment	November 7, 2024	

Questions?

Please contact the ECHO Program Coordinator at **1-855-410-6639** or projectecho@amerihealthcaritas.com.



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Integrated Health ECHO Clinic Accreditation Statement

In support of improving patient care, this activity has been planned and implemented by Amerihealth Caritas New Hampshire and Project ECHO. Project ECHO® is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the health care team.

American Medical Association (AMA) Designation Statement

Project ECHO designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Nurses Credentialing Center (ANCC) Designation Statement

Project ECHO designates this live activity for a maximum of 1.0 ANCC contact hour. Nursing contact hours will be awarded for successful completion of program components based upon documented attendance and completion of evaluation.

Social Work Accreditation

As a Jointly Accredited Organization, Project ECHO is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Project ECHO maintains responsibility for this course. Social workers completing this course receive 1.0 continuing education credit.

Psychologist Accreditation Statement

Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP office maintains responsibility for the content of the programs.



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